Title: Exemption from Ethics Review of Research Study Protocols

SOP Code: SOP 7C/V1

Effective Date: aa/bb/cccc

[The IEC members (author/s, reviewer/s) and Chairperson will sign and date the SOP on this first page]

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1. Purpose
The purpose of this Standard Operating Procedure (SOP) is to describe the process for exemption from ethics review and approval of a research protocol.

2. Scope
This SOP applies to the review of protocols categorized as suitable for exemption from review by the Member Secretary in consultation with the Chairperson (as per SOP 07/V1). Any protocol that carries less than minimal risk and fulfills criteria for exemption from review (SOP 07/V1) is covered in this SOP.

3. Responsibility
- It is the responsibility of the Member Secretary in consultation with the Chairperson to record the decision in the Exemption Form with reasons.
- The IEC Secretariat is responsible for recording and filing the decision including the reasons for that decision.
- The Chairperson must sign and date letter conveying the decision AX 03/SOP 07A/V1.

4. Detailed instructions
4.1 Receive the submitted documents.
- The Secretariat will receive the Exemption from review Application Form AX 03/SOP 07A/V1, Protocol and other documents submitted by the investigators.
- The Secretariat will check that the package is complete and will forward it to the Member Secretary for review

4.2 Determine protocols eligible for exemption from review
- The Member Secretary will screen the research study proposal and determine whether the study qualifies for exemption from review based on the criteria laid down in the Indian
Council of Medical Research (ICMR) 2006 Ethical Guidelines. The proposals that involve less than minimal risk fall under this category.

- In some circumstances, research that appears to meet low risk criteria may need to be reviewed by the IEC. This might be because of requirements of the publisher of the research or the organization which is providing funding resources, data, access to participants etc.

**4.3 Exemption Process**

- If the protocol and related documents satisfy the above stated criteria, the Member Secretary in consultation with the Chairperson will review the brief summary of the project and the Exemption Form.
- The Member Secretary records the decision on the Exemption Form
- The Secretariat communicates the decision to the investigator.
- The Member Secretary / Chairperson may keep the application for review and decision regarding exemption at the next full board meeting.

**4.4 Communication**

- The decision regarding request for Exemption from review, signed by the IEC Chairperson, will be forwarded by the Secretariat to the Principal Investigator within 14 working days after the decision regarding the exemption is taken.
- The Member Secretary will inform the IEC members of the decision at the next regular meeting and minute it.

**5. References to other applicable SOPs**

- **SOP 07/V1**: Categorization of Submitted Protocols for Ethics Review
- **SOP 07-A/V1**: Initial Full-Board Review of Research Study Protocols
6. Annexure

Annexure 1 AX 01/SOP 7C/V1- Review Exemption Application Form

Annexure 1: AX 01/SOP 7C/V1
Review Exemption Application Form

1 Principal Investigator’s Name:

________________________________________________________________________

2 Department:

________________________________________________________________________

3 Title of Project: ____________________________________________________________

________________________________________________________________________

________________________________________________________________________

4 Names of other participating staff and students:

________________________________________________________________________

5 Brief description of the project:
Please give a brief summary (approx. 300 words) of the nature of the proposal, including the
aims/objectives/hypotheses of the project, rationale, participants’ description, and
procedures/methods to be used in the project:

6 State reasons why exemption from ethics review is requested?

✓ Audits of educational practices

✓ Research on microbes cultured in the laboratory

✓ Research on immortalized cell lines

✓ Research on cadavers or death certificates provided such research reveals no identifying
personal data

✓ Analysis of data freely available in public domain
✓ Any other - ........................................................................................................................................

(This should include justification for exemption e.g. study does not involve human participants. If exemption is being requested on the basis of low risk involved in the study please refer to the backside of this annexure.)

Principal Investigator’s signature: ___________________________ Date __________

Forwarded by the Head of the department:
Name: ___________________________ Signature: __________ Date __________

Recommendations by the IEC Member Secretary:
□ Exemption
□ Can not be exempted, Reasons __________________________________________
□ Discussion at full board

Signature of the Member Secretary: ___________________________ Date __________

Final Decision:
□ Exemption
□ Can not be exempted,
Reasons __________________________________________
□ Discussion at full board

Signature of the Chairperson: ___________________________ Date __________

Final Decision at Full Board meeting held on ___________________________

________________________________________

Signature of the Chairperson: ___________________________ Date __________

No research can be counted as low risk if it involves:
(i) Invasive physical procedures or potential for physical harm
(ii) Procedures which might cause mental/emotional stress or distress, moral or cultural offence
(iii) Personal or sensitive issues
(iv) Vulnerable groups  
(v) Cross cultural research  
(vi) Investigation of illegal behaviour(s)  
(vii) Invasion of privacy  
(viii) Collection of information that might be disadvantageous to the participant  
(ix) Use of information already collected that is not in the public arena which might be disadvantageous to the participant  
(x) Use of information already collected which was collected under agreement of confidentiality  
(xi) Participants who are unable to give informed consent  
(xii) Conflict of interest e.g. the researcher is also the lecturer, teacher, treatment-provider, colleague or employer of the research participants, or there is any other power relationship between the researcher and the research participants.  
(xiii) Deception  
(xiv) Audio or visual recording without consent  
(xv) Withholding benefits from “control” groups  
(xvi) Inducements  
(xvii) Risks to the researcher

This list is not definitive but is intended to sensitize the researcher to the types of issues to be considered. Low risk research would involve the same risk as might be encountered in normal daily life.

Please check that your application / summary has discussed:

- Procedures for voluntary, informed consent  
- Privacy & confidentiality  
- Risk to participants  
- Needs of dependent persons  
- Conflict of interest  
- Permission for access to participants from other institutions or bodies  
- Inducements
In some circumstances research which appears to meet low risk criteria may need to be reviewed by the IEC. This might be because of requirements of:

- The publisher of the research
- An organisation which is providing funding resources, existing data, access to participants etc.

7. Flow Chart

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<tr>
<td>1</td>
<td>Receive the submitted documents.</td>
<td>IEC Secretariat</td>
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<td>2</td>
<td>Review of protocol and Exemption Form</td>
<td>Member Secretary</td>
</tr>
<tr>
<td>3</td>
<td>Recording the decision on Exemption Form in consultation with the Chairperson</td>
<td>Member Secretary</td>
</tr>
<tr>
<td>4</td>
<td>Communicate the decision to the Investigator</td>
<td>IEC Secretariat</td>
</tr>
<tr>
<td>5</td>
<td>Informing the decision to the members in the forthcoming meeting</td>
<td>Member Secretary</td>
</tr>
<tr>
<td>6</td>
<td>Recording and filing the decision</td>
<td>IEC Secretariat</td>
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