

Reviewing Proposals Involving Vulnerable Populations

SOP 19/V1:

Effective Date: aa/bb/cccc

Title: Reviewing Proposals Involving Vulnerable Populations

SOP Code: SOP 19/V1

Effective Date: aa/bb/cccc

[The IEC members (author/s, reviewer/s) and Chairperson will sign and date the SOP on this first page]

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1. Purpose

This Standard Operating Procedure (SOP) describes the requirements and process of review of research that involves vulnerable participants.

2. Scope

This SOP covers the policies and procedures applied to all research dealing with vulnerable participants submitted to the IEC.

3. Responsibility

- It is the responsibility of the Member Secretary with Secretariat to maintain up-to-date tools, like checklists, for reviewing research concerning vulnerable groups based on new and evolving applicable regulations and guidelines.
- IEC Chairperson / Member Secretary are responsible for ensuring that IEC members are well-versed in new and evolving regulations and guidelines pertaining to vulnerable populations, through regular training programmes.
- The Member Secretary/ Chairperson is responsible for selecting primary reviewers with appropriate expertise to conduct the reviews of such research and for securing consulting expertise as and when required for selected reviews.
- IEC member is responsible for conducting review of research planned for vulnerable populations, including an assessment of potential for coercion.

4. Definition and Mandate

4.1 Definition

<u>Vulnerable Subjects</u>: Individuals whose willingness to volunteer in a clinical trial may be unduly influenced by the expectation, whether justified or not, of benefits associated with participation, or of a retaliatory response from senior members of a hierarchy in case of refusal to participate. Examples are members of a group with a hierarchical structure, such as



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medical, pharmacy, dental and nursing students, subordinate hospital and laboratory personnel, employees of the pharmaceutical industry, members of the armed forces, and persons kept in detention. Other vulnerable subjects include patients with incurable diseases, persons in nursing homes, unemployed or impoverished persons, patients in emergency situations, ethnic minority groups, homeless persons, nomads, refugees, minors, and those incapable of giving consent.

[http://www.ich.org/fileadmin/Public_Web_Site/ICH_Products/Guidelines/Efficacy/E6/E6_R1_Guideline.pdf accessed on 23rd Nov 2015]

4.2 Mandate

Gazette notification dated 31st July 2015, [G.S.R. 611(E)] has mandated audio-visual recording of informed consent process in case of vulnerable participants in clinical trials of new chemical entity/ new molecular entity.[http://www.ferci.org/wp-content/uploads/2014/07/Gazette-Notification-31-July-2015-AV-consent.pdf]

5. Detailed instructions

5.1. Reviewing protocols with vulnerable participants

- The protocol should be reviewed as per SOP 7A/V1. Additionally, the protocol should be reviewed to assess if the following points are addressed:
 - Can the research be performed in any other non-vulnerable participants?
 - o Is there justification to use vulnerable population
 - Do the benefits justify the risks
 - o Are the participants selected equitably
 - Have the measures to protect Autonomy of the vulnerable population been described
- IEC members dealing with such protocols should be well versed with the potential harm or risk of such population participating in the study.
- The review must address all points in the checklists for different vulnerable populations (Annexures 1 to 5- SOP 19/01).

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5.2. Appointing Reviewers

The Member Secretary/Chairperson will appoint two or more members of the IEC who have a thorough understanding of the ethical review process and experience in the field of research to review such type of protocols.

5.3. Duties of Secretariat

- Provide a suitable checklist to the investigator depending on the type of participants to be recruited for the study.
- Provide appropriate reference material or help reviewer locate the material relevant to vulnerable populations when specifically requested for, by a reviewing member.

5.4. Responsibilities of Reviewers

- IEC Members will review the protocol and the informed consent document or assent form as per this SOP and SOP 07A/V1.
- The IEC members will discuss the comments in the IEC meeting and letter regarding approval/modification/ disapproval will be sent to the principal investigator.
- The discussion will be documented in the minutes.
- The Member Secretary will ensure that the IEC recommendations have been incorporated in the revised protocol and protocol related documents.

5.5 Approval of the protocol

- The final version of the protocol will be approved at a full board meeting.
- Wherever necessary the IEC approval should state that if in future the vulnerability status of the participants changes, for e.g. unconscious patient gaining consciousness or a schizophrenic patient regains insight, the participant will be re-consented.

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6. Annexures

NOTE: The following annexures apply to some sections of vulnerable participants. These checklists should be filled in by principal investigator and should be reviewed by IEC members. Appropriate modifications should be made as per individual IEC requirement

Annexure 1 *AX 01/SOP 19/V1* – Checklist: Requirements for Research Involving Children Annexure 2 *AX 02/SOP 19/V1* - Checklist: Requirements for Research Involving Pregnant Women & Fetuses

Annexure 3 AX 03/SOP 19/V1- Checklist: Research Involving Cognitively Impaired Adults Annexure 4 AX 04/SOP 19/V1- Checklist-Research Involving Students, Employees or Residents

Annexure 5 AX 05/SOP 19/V1 – Checklist: Considerations for Genetic Research [Adapted from http://www.kem.edu/wp-content/uploads/2014/04/SOP-24.pdf, Reviewing proposals involving vulnerable Populations http://www.kem.edu/wp-content/uploads/2014/04/SOP-24.pdf]

Annexure 1: AX 01/SOP 19/V1

Checklist: Requirements for Research Involving Children

Name of Principal Investigator:

Study Title:

For the	IEC Office	
RISK DETERMINATION	BENEFIT ASSESSMENT	IEC ACTION
☐ Minimal *	☐ Direct benefit ☐ No direct benefit	Approvable
☐ Greater than minimal risk	☐ Potential benefit to child	Approvable
☐ Greater than minimal risk	☐ No direct benefit, offer knowledge about child's condition/disorder	Approvable on case –by- case basis**

^{*} Minimal risk means that the probability and magnitude of harm or discomfort anticipated in the research are not greater than those ordinarily encountered in daily life



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or occurring during the performance of routine physical or psychological examinations or tests.

** Consent of both parents may be needed as applicable.

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	Yes	No	NA
Does the research pose greater than minimal risk to children?			
If yes: Are convincing scientific and ethical justifications given?			
If yes: Are adequate safeguards in place to minimize these risks?			
Does the study involve healthy children?			
a) If yes: Is the inclusion of healthy children justified?			
Are the studies conducted on animals and adults appropriate and justified?			
a) If No: Is the lack of studies conducted on animals and adults justified?			
Will older children be enrolled before younger ones?			
Is permission of both parents necessary?			
a) If Yes: Are conditions under which one of the parents may be considered: "not reasonably available" described?			
b) If Yes: Are the conditions acceptable?			
Will efforts be made to ensure that parents' permission to involve their children in research studies is free from coercion, exploitation, and/or unrealistic promises?			
Are provisions made to obtain the assent of children over 7 and, where appropriate, honoring their dissent?			
Are provisions made to protect participants' privacy and the confidentiality of information regarding procedures?			
Are there special problems that call for the presence of a monitor or IEC member during consent procedures?			
Are special needs of adolescents such as counseling and confidentiality accounted for in the research design?			
Are there any special problems such as confidentiality and reporting that might arise in sensitive research about child abuse or sexual practices of teenagers?			
Does the research involve possibility of findings which may have implications for other family members?(for eg. genetic risk, HIV infection, Hepatitis C)			
If Yes: Are there adequate mechanisms in place to deal with other members of the family?			
Are parents required to be present during the conduct of the research? (Are proposed participants' very young?)			



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Signature of Principal Investigator: Date			
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Comments			
of Primary			
Reviewer:			
:			
Primary Rev	iewer Signature and Date		
	Annexure	2: AX 02/SOP 19	9/V1
Checki	ist: Requirements for Resea	arch Involving Pre	egnant Women and Fetuses

When research involves pregnant women or fetuses ■

Name of Principal Investigator:

Study Title:

	Yes	No	NA
Where scientifically appropriate preclinical studies, including studies on			
pregnant animals, and clinical studies, including studies on non-pregnant			
women, have been conducted and provide data for assessing potential			
risks to pregnant women and fetuses?			
Is the risk to the fetus not greater than minimal, or any risk to the fetus			
which is greater than minimal caused solely by interventions or			
procedures that hold out the prospect of direct benefit for the woman or			
the fetus?			
Any risk that is the least possible for achieving the objectives of the			
research.			

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Is the woman's consent or the consent of her legally authorized				
representative obtained in accordance with the informed consent				
provisions, unless altered or waived?				
Is the woman or her legally authorized representative, as appropriate,				
fully informed regarding the reasonably foreseeable impact of the				
research on the fetus or resultant child?				
Will any inducements, monetary or otherwise, be offered to terminate a				
pregnancy?				
Do individuals engaged in the research have a part in any decisions as to	,			
the timing, method, or procedures used to terminate a pregnancy?				
Do individuals engaged in the research have a part in determining the				
viability of a fetus?				
If the response to any of the above is NO , the research should not be app	rove	ed by	the IE	C.
When research involves neonate after delivery				
· · · · · · · · · · · · · · · · · · ·				
		I		
		Yes	No	NA
Are scientifically appropriate, preclinical and clinical studies, conducted	ed	Yes	No	NA
Are scientifically appropriate, preclinical and clinical studies, conducted and provide data for assessing potential risks to neonates?	ed		No	NA
	ed		No	NA
and provide data for assessing potential risks to neonates?	ed		No	NA
and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the			No	NA
and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate?				NA
 and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate? 3. Will any inducements, monetary or otherwise, be offered to terminate 	a			NA
 and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate? 3. Will any inducements, monetary or otherwise, be offered to terminate pregnancy? 	a			NA
 and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate? 3. Will any inducements, monetary or otherwise, be offered to terminate pregnancy? 4. Do individuals engaged in the research have a part in any decisions as 	a s to			NA
 and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate? 3. Will any inducements, monetary or otherwise, be offered to terminate pregnancy? 4. Do individuals engaged in the research have a part in any decisions as the timing, method or procedures used to terminate pregnancy? 	a s to			NA
 and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate? 3. Will any inducements, monetary or otherwise, be offered to terminate pregnancy? 4. Do individuals engaged in the research have a part in any decisions as the timing, method or procedures used to terminate pregnancy? 5. Do individuals engaged in the research have a part in determining the 	a s to			NA O O O NA
 and provide data for assessing potential risks to neonates? 2. Is the individual providing consent, fully informed regarding the reasonably foreseeable impact of the research on neonate? 3. Will any inducements, monetary or otherwise, be offered to terminate pregnancy? 4. Do individuals engaged in the research have a part in any decisions as the timing, method or procedures used to terminate pregnancy? 5. Do individuals engaged in the research have a part in determining the viability of a fetus? 	a s to			

risk least possible for achieving the objectives of the research?

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	OR			
	The purpose of the research is development of important			
	biomedical knowledge which cannot be obtained by other means.			
	Will there be a risk to the fetus from the research ?			
2.	Is the legally effective informed consent of either parent of the			
	neonate or, if neither parent is able to consent because of			
	unavailability, incompetence or temporary incapacity, the legally			
	effective informed consent of either parent's legally authorized			
	representative obtained?			
I	3. Nonviable fetuses	Yes	No	NA
1.	Will vital functions of the neonate be artificially maintained?			
2.	Is there any risk to the neonate resulting from the research?			
3.	The purpose of the research is the development of important			
	biomedical knowledge that cannot be obtained by other means; and			
4.	The legally effective informed consent of both parents of the neonate			
	will be obtained except that the waiver and alteration provisions do			
	not apply. However, if either parent is unable to consent because of			
	unavailability, incompetence, or temporary incapacity, the informed			
	consent of one parent of a nonviable fetus will suffice to meet the			
	requirements of this paragraph. (The consent of a legally authorized			
	representative of either or both of the parents of a nonviable fetus			
	will not suffice to meet the requirements of this paragraph.)			

If the response to any of above is **NO**, the research should not be approved by the IEC.

This type of research can be conducted only after The IEC finds that

- (a) The research presents a reasonable opportunity to further the understanding, prevention or alleviation of a serious problem affecting the health or welfare of pregnant women and/or fetuses.
- (b) The research will be conducted in accordance with applicable regulatory and ethical guidelines.



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Signature of	Principal Investigator:	Date
	IEC Off	ce use only
Comments		
of Primary		
Reviewer:		
Primary Rev	iewer's Signature and Date	

Annexure 3: AX 03/SOP 19/V1

Checklist- Research Involving Cognitively Impaired Adults

Name of Principal Investigator:

Stu	Study Title:						
1.	1. Research Involving Cognitively Impaired Adults in which there is Anticipated						
Dir	Direct Benefit to the participant (All items must be "Yes")						
	Yes		No	Is the recruitment of participants justified considering the			
				rationale and objectives of the study?			
	Yes		No	The risk is justified by the anticipated benefit to the			
				participants.			
	Yes		No	The relation of anticipated benefit to the risk is at least as			
				favorable to the participants as that presented by available			
				alternative approaches.			
	Yes		No	Will the participants be withdrawn if they appear to be unduly			
				distressed?			
	Yes		No	The proposed plan for the assessment of the capacity to			
				consent is adequate.			
				1			

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Yes	No	Consent will be taken from participants capable of being
		consulted.
Yes	No	Does the consent document include provision for a legally
		authorized representative in case participants are not capable
		of being consulted?

2.]	2. Research Involving Cognitively Impaired Adults in which there is No Anticipated						
Dir	Direct Benefit to the participant (All items must be "Yes")						
	Yes		No	Is the recruitment of participants justified considering the			
				rationale and objectives of the study?			
	Yes		No	Are the foreseeable risks to the participants low?			
	Yes		No	Is the negative impact on the participant's well-being			
				minimized and low?			
	Yes		No	Will the participants be particularly closely monitored?			
	Yes		No	Will the participants be withdrawn if they appear to be unduly			
				distressed?			
	Yes		No	The proposed plan for the assessment of the capacity to			
				consent is adequate.			
	Yes		No	Consent will be taken from participants capable of being			
				consulted.			
	Yes		No	Does the consent document include provision for a legally			
				authorized representative in case participants are not capable			
				of being consulted?			

Signature of	Principal I	nvestigator:	Date	
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Comments						
of Primary						
Reviewer						
Primary Reviewer Signature and Date						
Annexure 4: AX 04/SOP 19/V1						
Checklist: Research Involving Students, Employees or Residents						
Name of Principal Investigator:						
Study Title:						
Participants who are students, employees or residents require special considerations.						
Have the participants been assured that their status (education,						Yes
employment	and/or	promotion) will not be affected by any				
decision to pa	articipa	ate or not?				
Have the risks to participants been minimized?						Yes
Have participants been assured that participation is voluntary				No		Yes
(no signs of coercion)?						
Have particip		No		Yes		
confidentiality will be protected?						
Answers to all the above points should be YES for approval						
Signature of Principal Investigator: Date						
IEC Office use only						
Comments of	f					
Primary Revi	ewer					
Primary Revi	ower 9	Signature and Date				

Annexure 5: AX 05/SOP 19/V1

Checklist: Considerations for Genetic Research

Name of Principal Investigator:

Study Title:

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	Yes	No				
1. Will the samples be made anonymous to maintain confidentiality? If yes,						
then the following checklist points are not applicable						
2. Will the results be disclosed?						
a) If yes, has the investigator established clear guidelines for disclosure						
of information, including interim or inconclusive research result?						
b) Will the results be used in management of current condition of						
patient?						
3. Has the appropriateness of the various strategies for recruiting participants						
and their family members been considered?						
4. Does the proposed study population comprise family members?						
5. Will family members be implicated in the studies without consent?						
6. Will the samples be destroyed in the future?						
7. Will the samples be used for future research						
8. Is genetic counseling being offered?						
Signature of Principal Investigator: Date						
IEC Office use only						
Comments of Primary Reviewer						
Primary Reviewer Signature & Date						

7. Flow Chart

No.	Activity	Responsibility
1	Appoint reviewers	Chairperson/ Member Secretary
2	Review the protocol	IEC members
3	Discussion at IEC meeting	IEC member
4	Communicating the decisions to	IEC Secretariat
	principal investigator	



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